



**GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY**

**CENTRE OF OUTREACH AND EXTENSION  
ACTIVITIES IN COLLABORATION WITH ADR BLOG  
USLLS, GGSIPU**

**REPORT ON**

# **SUMMER INTERNSHIP PROGRAMME**

**2025-26**

**GURU GOBIND SINGH INDRAPRASTHA  
UNIVERSITY**

**Centre of Outreach and Extension Activities in  
Collaboration with ADR Blog USLLS, GGSIPU**

**REPORT ON INTERNSHIP PROGRAMME**

**(2025-26)**

**(LEGAL AWARENESS CAMPAIGN)**

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## **ABOUT**

### **GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY**

Guru Gobind Singh Indraprastha University (GGSIPU) is the first university established by the Delhi Government under the provisions of the Guru Gobind Singh Indraprastha University Act, 1998. Its sprawling campus is nestled in the Dwarka area of the capital – an ideal location for a university which has the explicit objective of facilitating and promoting “studies, research and extension work in emerging areas of higher education with a focus on professional education.” The university, recognised by the University Grants Commission (UGC), offers a myriad of courses including law, engineering, technology, management studies, medicine, pharmacy, nursing, and education. The University’s vision is to stimulate both the heart and mind of the scholars. It seeks to empower them to contribute to the welfare of society at large, by training them to adapt themselves to the changing needs of society and the economy. With its top-notch faculty and a diverse field of students from all over the globe, it is on a never- ending quest to achieve excellence in all fields.

### **UNIVERSITY SCHOOL OF LAW AND LEGAL STUDIES**

Established in 2001, University School of Law and Legal Studies, Guru Gobind Singh Indraprastha University is in Dwarka, New Delhi, India. It is the first University to be in the vicinity of the Supreme Court, Delhi High Court, various subordinate courts, commissions, tribunals, and various monitoring offices of national and international voluntary organizations. The Law School aspires to open new vistas in the arena of law, legal studies, theoretical and clinical legal education through an incessant endeavour towards developing academic potential, critical analytical ability, advocacy, counselling, and mediation skills to fully equip the students with learning which is intellectually stimulating, socially vital, and professionally enriching.

### **CENTRE OF OUTREACH & EXTENSION ACTIVITIES**

Guru Gobind Singh Indraprastha University has always been committed to not only academic excellence but also to serving as a beacon of positive change in society. In line with this vision, it has launched a series of outreach and extension programs designed with the vision to use technological innovations for improving outreach access and effectiveness of educational promotion and strength for the society, to utilize human resource potential and march ahead for

skill development while conducting outreach activities through the Centre of Outreach & Extension Activities. Such initiatives tend to provide dual perks with primarily the welfare schemes being spread awareness to the most core stakeholders in terms of beneficiaries to such schemes along with additionally our students participating in such endeavours getting exposure of conducting awareness talks at the grassroots of our society.

### **ALTERNATIVE DISPUTE RESOLUTION CELL**

The ADR Cell of the University School of Law and Legal Studies endeavours to instil various practical skills amongst our students who wish to pursue a career in the field of Alternative Dispute Resolution, and to consistently aid their development so that they can pursue their goals and aspirations pertaining to the field of ADR. The objective of the Cell is to provide quality knowledge in the field of ADR as well as disseminating information on the cutting-edge issues surrounding the field of ADR.

### **USLLS ADR BLOG**

We, at USLLS ADR Blog, believe that sustained academic deliberation is required to ensure that the field of Alternative Dispute Resolution Law grows continuously and becomes the mainstream solution to disputes. Our aim is to provide a conducive platform that fosters discussions and deliberations pertaining to the field of ADR. We hope to promote the culture of ADR and acquire the viewpoints of the various stakeholders in the field. We accept and publish submissions from all the fields relating to ADR, subject to a rigorous double-blind review process. We invite submissions from legal practitioners, ADR professionals, academicians, research scholars, and law students.

**LIST OF SCHOOLS/INSTITUTIONS  
WHERE OUTREACH ACTIVITIES HAVE BEEN CONDUCTED**

- 1. The Gurukulam School, Gurugram**
- 2. Yatan NGO**
- 3. Government Senior Secondary School, Shikohpur, Gurugram**
- 4. Government Model Sanskriti Primary School, Shikohpur, Gurugram**
- 5. Government Senior Secondary School, Sukhrali, Gurugram**
- 6. Primary School, Chibila, Pratapgarh, 230403**
- 7. Shri Krishna Vidyaniketan Girls College, Chibila, Pratapgarh**
- 8. Primary School of Madhavganj, Pratapgarh, 230403**
- 9. P.S. Primary School, Tala, 230403**
- 10. Primary school, Bohrai ka Purva, Pratapgarh, 230403**
- 11. Upper Primary School, Pipri, Khalsa, Pratapgarh, 230403**
- 12. JWP (Mera Sahara) School**
- 13. Primary School, Tugalpur**
- 14. JHS Tugalpur**
- 15. Grace Care Academy**

# OUTREACH DATES

01

THE GURUKULAM SCHOOL, GURUGRAM  
09 July 2025

YATAN NGO  
15 July, 2025

02

03

GOVERNMENT SENIOR SECONDARY SCHOOL,  
SHIKOHPUR, GURUGRAM  
19 July 2025

GOVERNMENT MODEL SANSKRITI  
PRIMARY SCHOOL, SHIKOHPUR,  
GURUGRAM  
19 July, 2025

04

05

GOVERNMENT SENIOR SECONDARY SCHOOL,  
SUKHRALI, GURUGRAM  
19 July 2025

PRIMARY SCHOOL, CHIBILA,  
PRATAPGARH  
03 July, 2025

06

07

SHRI KRISHNA VIDYANIKETAN GIRLS COLLEGE  
CHIBILA, PRATAPGARH  
08 July 2025

PRIMARY SCHOOL OF MADHAVGANJ,  
PRATAPGARH  
14 July 2025

08

09

P.S. PRIMARY SCHOOL, TALA  
18 July 2025

PRIMARY SCHOOL, BOHRAI KA PURVA,  
PRATAPGARH  
30 July 2025

10

11

UPPER PRIMARY SCHOOL, PIPRI, KHALSA,  
PRATAPGARH  
31 July 2025

JWP (MERA SAHARA) SCHOOL  
21 July 2025

12

13

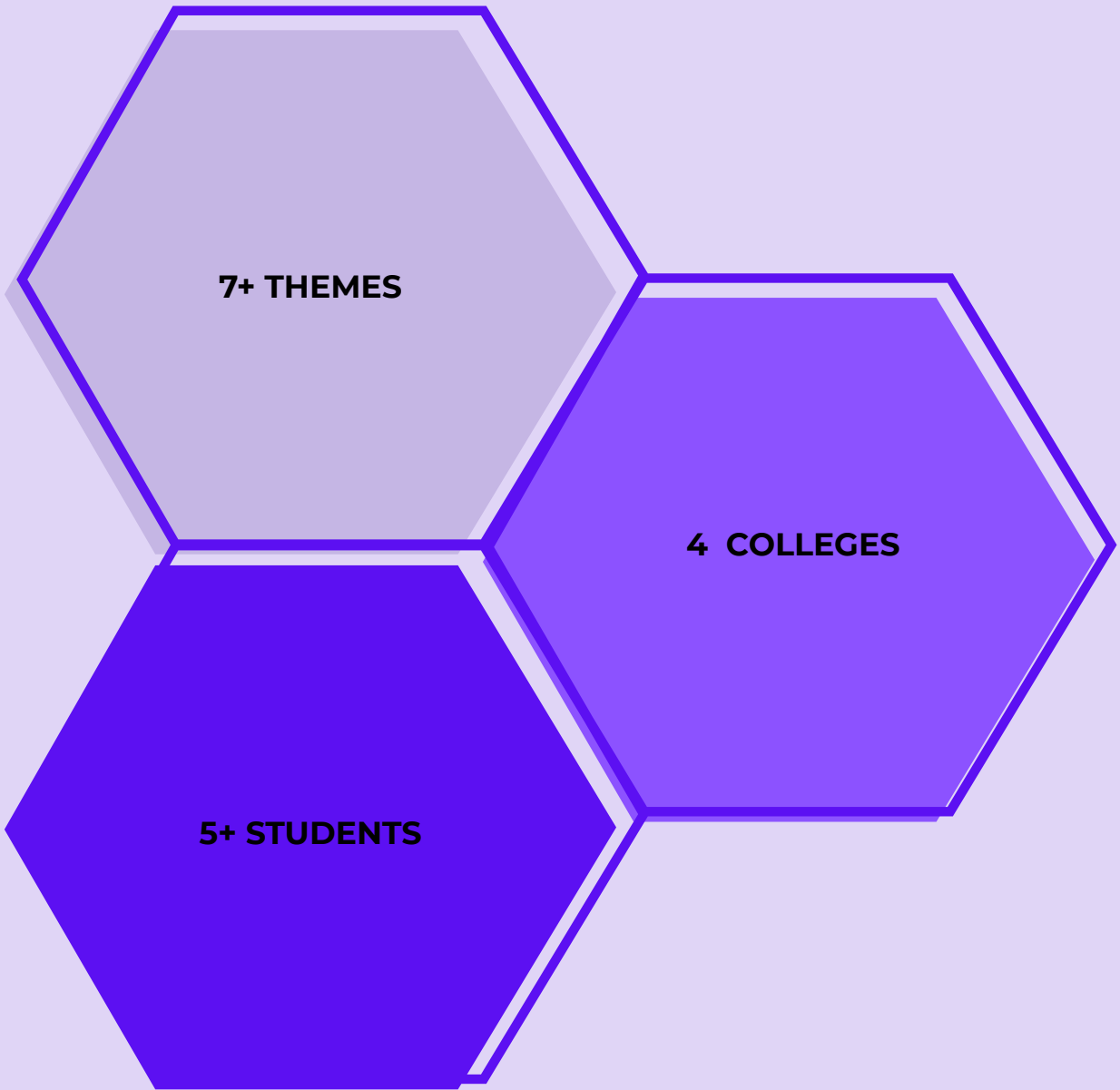
PRIMARY SCHOOL, TUGALPUR  
27 July 2025

JHS TUGALPUR  
29 July 2025

14

15

GRACE CARE ACADEMY  
30 July 2025





**NAME OF THE STUDENT: NIDHI SINGH**

**OUTREACH 1: *"Justice Begins at School: An Introduction to Courts and Alternative Dispute Resolution (ADR)"***

**Date:** 09 July 2025

**Venue:** The Gurukulam School, Gurugram

**Target Group:** Students of Class 6 to 8

**Report:- [outreach 1 ppt - Google Slides](#)**

Nidhi Singh and Divya Sehrawat Conducted a workshop titled “Justice Begins at School: An Introduction to Courts and Alternative Dispute Resolution (ADR)” for students of classes 6 to 8 at the Gurukulam School in Gurugram. The session aimed to introduce justice concepts, rights, and dispute resolution mechanisms, starting with an ice-breaker activity on fairness through role-plays of school conflicts. The session aimed to introduce justice concepts, rights, and dispute resolution mechanisms, starting with an ice-breaker activity on fairness through role-plays of school conflicts. They then presented the Indian court hierarchy, roles of judges and lawyers, and case processes, followed by an overview of ADR methods like mediation and arbitration, using real-life examples to illustrate benefits over litigation, keeping the content engaging and age-appropriate.

The workshop included a mock mediation simulation where students acted as disputants and mediators, reinforcing peaceful conflict resolution, and concluded with a Q&A session to address questions on the legal system and ADR. The organizers used visual aids and simple explanations to ensure clarity, fostering active participation and curiosity among the students, who showed growing interest in applying these principles at school.

The program succeeded in building a basic understanding of justice and legal systems, with students expressing enthusiasm for peer mediation and teachers noting increased civic awareness. Feedback highlighted the session’s informativeness, and the organizers gained valuable insights into effective educational outreach, achieving the goal of inspiring a more aware and just generation.

1. Introduction

The workshop titled “Justice Begins at School: An Introduction to Courts and ADR” was conducted to sensitize students to the basic concepts of justice, their rights, and the mechanisms available for dispute resolution in India. The goal was to introduce young minds to the structure of the Indian judiciary and the importance of Alternative Dispute Resolution (ADR) methods as accessible and effective tools for resolving conflicts peacefully.

## 2. Objectives of the Workshop

- To create awareness about the concept of justice in everyday life.
- To familiarize students with the structure and functions of courts in India.
- To introduce the basics of ADR mechanisms like mediation, arbitration, and negotiation.
- To promote the idea that justice and fairness start at the school level through respectful and peaceful conflict resolution.

## 3. Session Overview

### a) *Ice-Breaker Activity: "What is Fair?"*

Students participated in a short role-play and discussion on situations involving fairness and conflict in school settings.

### b) *Presentation: Understanding Courts*

An interactive session on:

- The hierarchy of courts in India.
- Roles of judges, lawyers, and other court officials.
- Simple explanation of how a case is filed and processed.

### c) *Introduction to ADR*

Students were introduced to:

- The meaning and types of ADR.
- The benefits of ADR over traditional court litigation.
- Real-life examples where ADR helped resolve disputes (e.g., neighborhood issues, family disagreements).

### d) *Simulation Activity: Mock Mediation Session*

Volunteers participated in a mock mediation where students played roles of disputants and mediators. This practical demonstration helped them grasp how peaceful dialogue can solve conflicts.

### e) *Q&A Session*

An engaging question-and-answer round allowed students to clarify their doubts about the legal system and ADR.

#### 4. Outcomes

Students gained a foundational understanding of the Indian court system and ADR mechanisms.

The workshop encouraged values like fairness, dialogue, and non-violence in resolving disputes.

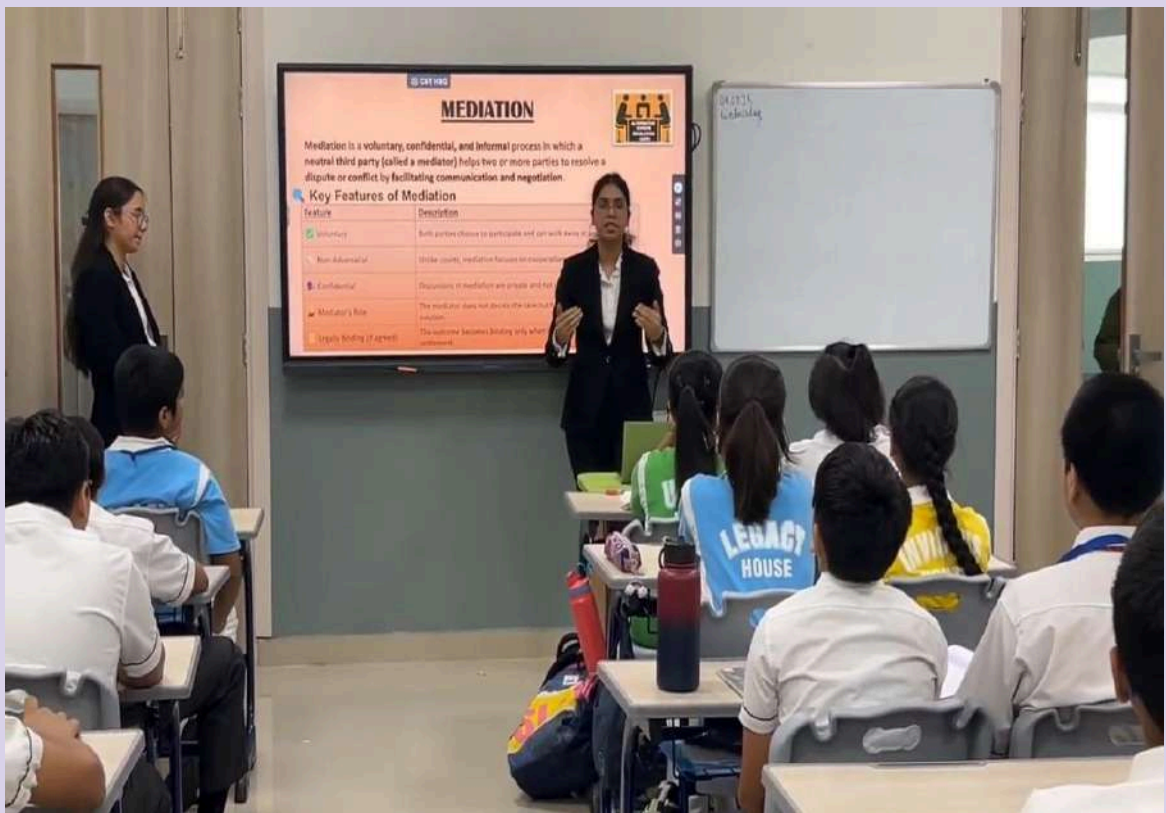
Participants showed enthusiasm and curiosity about law, justice, and careers in the legal field.

#### 5. Feedback

Participants found the session informative and engaging. Teachers noted increased interest in civic topics post-workshop. Many students expressed willingness to act as peer mediators in school conflicts.

#### 6. Conclusion

The workshop successfully achieved its aim of instilling a basic understanding of justice and legal systems among students. By linking justice with everyday school life and introducing ADR, the workshop planted the seeds for a more aware, responsible, and just generation.






## Certificate of Appreciation

This is to certify that Divya Sehrawat and Nidhi Singh of Fairfield Institute of Management & Technology organized an interactive session on the topic of "Justice starts at School: learn to listen & speak fairly. Intro. to ADR" at the PW Gurukulam School, Gurukulam School address /NGO address on Gurugram under summer internship Program, 2025 of ADR Blog, USLLS, GGSIPU & Outreach and Extension Activities, GGSIPU.

Signature & Stamp:

Principal / Vice Principal

  
8/7/2025

**NAME OF THE STUDENT: DIVYA SEHRAWAT**

**OUTREACH 1: *"Justice Begins at School: An Introduction to Courts and Alternative Dispute Resolution (ADR)"***

**Date:** 09 July 2025

**Venue:** The Gurukulam School, Gurugram

**Target Group:** Students of Class 6 to 8

**Report:- [outreach 1 ppt - Google Slides](#)**

A workshop titled *"Justice Begins at School: An Introduction to Courts and Alternative Dispute Resolution (ADR)"* was conducted by Ms. Nidhi Singh and Ms. Divya Sehrawat for students of classes 6 to 8 at Gurukulam School, Gurugram. The session was designed to sensitize young students to the concept of justice, their rights, and peaceful mechanisms of resolving disputes, thereby laying the foundation for civic awareness from an early age.

The workshop began with an engaging ice-breaker activity on the theme of fairness. Students participated in role-plays based on everyday school conflicts, encouraging them to reflect on issues of justice in their immediate environment. This activity effectively set the tone for the session, showing that the principles of fairness and dispute resolution are relevant even at the school level.

Following this, the presenters explained the structure of the Indian judiciary in an age-appropriate manner. The hierarchy of courts, the roles of judges, lawyers, and other officials, as well as the basic process of filing and hearing cases, were introduced with the aid of simple visuals. This was followed by an introduction to Alternative Dispute Resolution methods, such as mediation and arbitration. Real-life examples of neighborhood disputes and family disagreements were used to highlight the advantages of ADR over lengthy litigation, ensuring the content was both relatable and accessible to the students.

A highlight of the session was a mock mediation exercise. Selected volunteers acted as disputants and mediators, simulating how conflicts can be resolved through dialogue and compromise. This practical demonstration reinforced the importance of peaceful conflict resolution and allowed students to apply the concepts they had just learned.

The session concluded with a lively Q&A, where students asked thoughtful questions about courts, judges, and careers in the legal field. The organizers emphasized the idea that justice begins with fairness and respectful conduct in daily life.

The workshop outcomes were encouraging. Students developed a foundational understanding of the Indian legal system and ADR, while teachers observed a noticeable rise in civic

awareness. Many participants expressed enthusiasm to take on roles as peer mediators, reflecting the session's practical impact.


In conclusion, the workshop successfully achieved its objectives by linking justice to everyday school experiences and introducing ADR as a constructive tool for resolving disputes. The initiative not only informed but also inspired students to value fairness, dialogue, and responsibility, planting the seeds for a more aware and just generation.

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Signature & Stamp:

Principal / Vice-Principal

  
8/7/2025



**NAME OF THE STUDENT: NIDHI SINGH**

**OUTREACH 2: " Legal Empowerment of Women through ADR "**

**Date:** 15 July 2025

**Venue:** Yatan NGO

**Target Audience:** Women participants, students, community members

**Report :- [outreach 2 ppt - Google Slides](#)**

Group members Nidhi Singh and Divya Sehrawat organized an outreach program on “Legal Empowerment of Women through Alternative Dispute Resolution (ADR)” at Yatan NGO on 15 July 2025. The session was designed to spread awareness among women about their legal rights and the use of ADR mechanisms such as mediation, conciliation, arbitration, and Lok Adalats.

The workshop began with an introduction to women’s rights under the Constitution, the Indian Penal Code, the Domestic Violence Act, family laws, and labour laws. The speakers emphasized the importance of knowing one’s rights and how timely action could ensure justice.

The concept of ADR was then explained, highlighting its role as a faster, accessible, and affordable alternative to traditional litigation. Special attention was given to the importance of mediation and Lok Adalats in resolving family and matrimonial disputes, with real-life success stories shared for better understanding. A mock mediation session was also conducted, allowing participants to practically engage with the process.

The session concluded with an interactive Q&A, where participants shared their personal concerns and received guidance. Many attendees showed interest in further training on ADR and were referred to local legal aid centres for specific issues.

Overall, the program successfully empowered women by bridging the knowledge gap on their legal entitlements and equipping them with practical tools for conflict resolution. The outreach not only raised awareness but also inspired participants to seek justice through accessible and non-adversarial mechanisms.

### 1. Introduction

A workshop on Legal Empowerment of Women through Alternative Dispute Resolution (ADR) was organized to spread awareness about women’s legal rights and the use of ADR

mechanisms like mediation, conciliation, and Lok Adalats for faster, accessible, and affordable justice.

The session aimed to bridge the knowledge gap among women regarding their entitlements under law and how ADR can be a powerful tool in ensuring justice without the lengthy procedures of litigation.

## 2. Objectives of the Workshop

- To educate women about their legal rights under various personal and civil laws.
- To introduce ADR mechanisms as a means of conflict resolution.
- To empower women with knowledge and confidence to use legal systems.
- To highlight the role of Lok Adalats, Mediation Centres, and Legal Aid Clinics.
- To promote gender justice and access to fair redressal mechanisms.

## 3. Session Overview

### a) *Introduction to Legal Rights of Women*

- Overview of rights under the Constitution, IPC, Domestic Violence Act, Family Laws, and Labour Laws
- Importance of knowing one's rights and seeking redressal

### b) *What is ADR and Why is it Important?*

- Types of ADR: Mediation, Conciliation, Arbitration, Lok Adalats
- How ADR is faster, cheaper, and non-adversarial
- Benefits for women, especially in family and matrimonial disputes

### c) *Role of Lok Adalats and Mediation in Women's Disputes*

- Real-life success stories of women who used ADR
- Role of DLSAs and Legal Aid Services
- Demonstration of a mock mediation session

### d) *Interactive Q&A and Case Studies*

- Participants shared concerns and scenarios

## 4. Outcomes

- Increased awareness among women on their legal rights.
- Many attendees showed interest in ADR training and legal aid services.
- Referrals made to local legal aid centers for specific issues.

## 5. Conclusion

The workshop successfully empowered women with practical legal knowledge and introduced them to ADR as a viable and empowering alternative to traditional litigation. It

highlighted the need for more such awareness programs at grassroots levels to build a just and informed society.





## Certificate of Appreciation

This is to certify that Nidhi Singh and Divya Sehrawat  
of Fairfield Institution of Management & Technology organized  
an interactive session on the topic of  
"Legal Empowerment through ADR."  
" at the  
Yatan NGO, Sec. 23 A. School address /NGO  
address on 15/07/2025 under summer internship Program,  
2025 of ADR Blog, USLLS, GGSIPU & Outreach and Extension  
Activities, GGSIPU.



Signature & Stamp:

Principal/Vice-Principal

**NAME OF THE STUDENT: DIVYA SEHRAWAT**

**OUTREACH 2: " Legal Empowerment of Women through ADR "**

**Date:** 15 July 2025

**Venue:** Yatan NGO

**Target Audience:** Women participants, students, community members

**Report :- [outreach 2 ppt - Google Slides](#)**

On 15 July 2025, Ms. Nidhi Singh and Ms. Divya Sehrawat organized an outreach program titled "*Legal Empowerment of Women through Alternative Dispute Resolution (ADR)*" at Yatan NGO. The program was designed to raise awareness among women about their legal rights and the practical use of ADR mechanisms such as mediation, conciliation, arbitration, and Lok Adalats, providing tools for accessible and non-adversarial justice.

The workshop commenced with an informative session on women's legal rights under the Constitution, the Indian Penal Code, the Domestic Violence Act, family laws, and labour laws. Emphasis was laid on the importance of understanding one's rights and the timely pursuit of legal remedies to ensure justice. This segment aimed to bridge knowledge gaps and encourage participants to be proactive in protecting their entitlements.

Following this, the facilitators introduced the concept of ADR as a faster, cost-effective, and less confrontational alternative to traditional litigation. Detailed explanations were provided about mediation, conciliation, arbitration, and Lok Adalats, with particular focus on their role in resolving family and matrimonial disputes. Real-life success stories were shared to illustrate the effectiveness of ADR, helping participants relate these mechanisms to practical scenarios in their own lives.

A highlight of the program was a mock mediation session, where participants actively engaged in a simulated dispute resolution process. This hands-on demonstration reinforced the principles of dialogue, negotiation, and compromise, empowering attendees to consider ADR as a viable option for resolving conflicts peacefully.

The session concluded with an interactive Q&A round, where participants shared personal concerns and sought guidance. Many women expressed interest in further training on ADR, and referrals were made to local legal aid centres for individual cases requiring professional support.

The outcomes of the workshop were highly encouraging. Attendees gained a foundational understanding of their legal rights and the tools available to exercise them effectively. The program not only raised awareness but also fostered confidence among women to access justice through ADR mechanisms.

In conclusion, the outreach successfully empowered women by equipping them with both knowledge and practical skills to navigate legal disputes. By highlighting the benefits of ADR and providing guidance on legal aid resources, the program underscored the importance of grassroots initiatives in promoting gender justice. It demonstrated that informed and empowered women can play a key role in building a fairer and more just society.

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Signature & Stamp:

Principal/Vice-Principal



**NAME OF THE STUDENT: NIDHI SINGH**

**OUTREACH 3: "Fundamental Rights and Duties and Introduction to ADR"**

**Date:** 19 July 2025

**Venue:** Government Senior Secondary School, Shikohpur, Gurugram

**Target Audience:** Class – 10<sup>th</sup> to 12<sup>th</sup>

**Report:-**

Group members Nidhi Singh and Divya Sehrawat conducted an outreach program on "Fundamental Rights and Duties and Introduction to Alternative Dispute Resolution (ADR)" at Government Senior Secondary School, Shikohpur, Gurugram, on 19 July 2025. The workshop was designed for students of Classes 10 to 12, aiming to raise awareness about constitutional rights and duties while introducing ADR as an effective tool for conflict resolution.

The session began with an explanation of the Fundamental Rights enshrined in Part III of the Indian Constitution and the Fundamental Duties under Article 51A. The importance of active citizenship in preserving democratic values and national integrity was highlighted, with references to real-life case studies and constitutional provisions.

In the second part, the concept of Alternative Dispute Resolution was introduced. The types of ADR were explained, along with their advantages over traditional litigation. The facilitators discussed how ADR helps in reducing the burden on courts and shared practical examples of successful mediation and Lok Adalat cases.

The workshop created a positive impact, as participants developed a stronger understanding of their constitutional entitlements and responsibilities. Students also became more aware of ADR as a cost-effective, accessible, and time-saving method of resolving disputes.

Overall, the program was successful in promoting constitutional literacy and encouraging the use of non-formal justice mechanisms. It contributed to building a legally aware and responsible young citizenry, while also reflecting the importance of continuing such initiatives at the grassroots level.

## 1. Objectives of the Workshop

The primary objective of the workshop was to educate participants about their **constitutional rights and duties** as citizens of India and to introduce them to the concept and mechanisms of **Alternative Dispute Resolution (ADR)** as an effective tool for conflict resolution outside traditional court systems.

## 2. Session Overview

### a) *Session I: Fundamental Rights and Duties*

- Explanation of the **Fundamental Rights** enshrined in Part III of the Indian Constitution.
- Importance of **Fundamental Duties** as per Article 51A.
- Role of citizens in maintaining democratic values and national integrity.
- Real-life case studies and constitutional provisions.

### b) *Session II: Introduction to ADR*

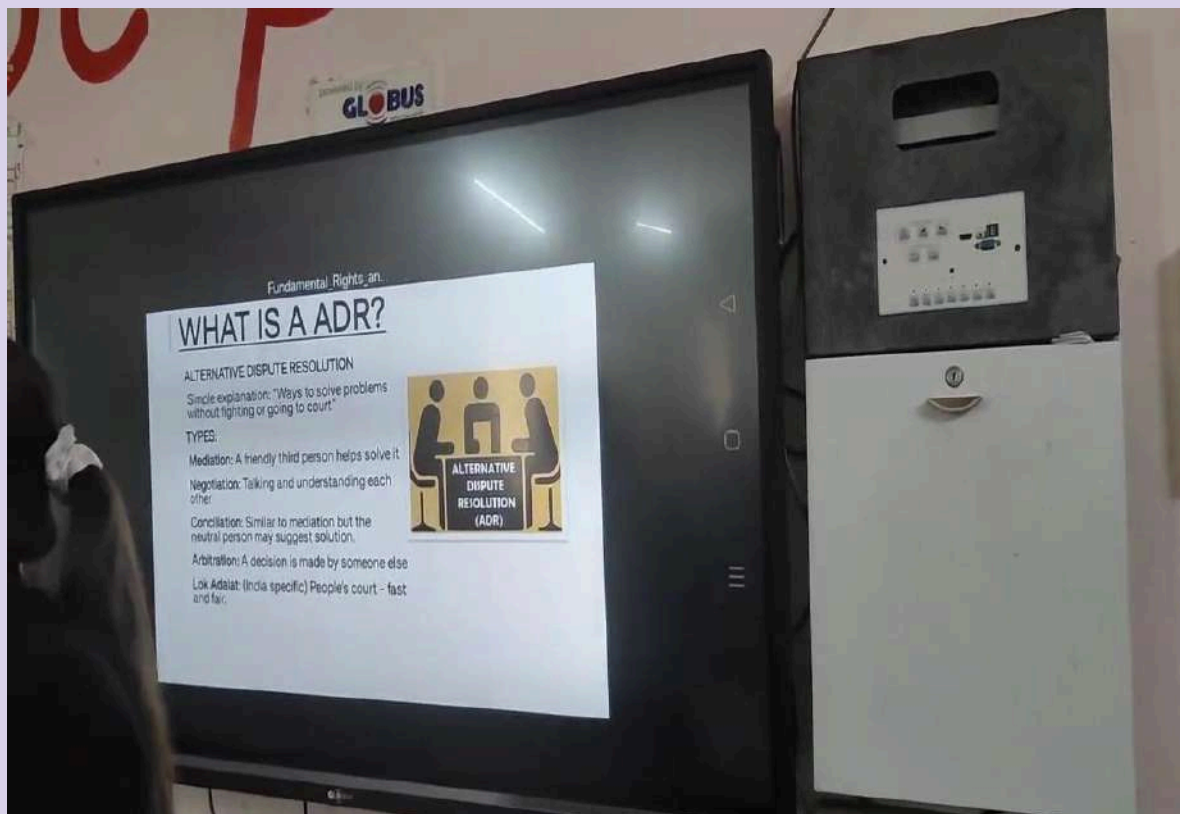
- Definition and need for **Alternative Dispute Resolution**.
- Types of ADR: **Arbitration, Mediation, Conciliation, Lok Adalat**.
- Advantages of ADR over traditional litigation.
- Role of ADR in reducing the burden on courts.
- Examples of successful mediation and Lok Adalat cases.

## 3. Outcomes

- Enhanced understanding among participants about their rights and duties under the Constitution.
- Increased awareness of ADR as a time-saving and cost-effective method for dispute resolution.
- Motivation among students and citizens to participate in legal literacy and access justice through non-formal mechanisms.

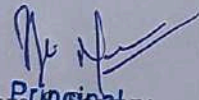
## 4. Conclusion

The workshop successfully met its objective of promoting constitutional literacy and introducing participants to alternate means of justice. Such initiatives are essential in building a legally aware and responsible society. The organizing team looks forward to conducting similar programs in the future to continue empowering citizens with knowledge of the law.



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Principal:  
Govt. Sr. Sec. School  
Shikohpur  
Gurugram (0790)  
Principal/Vice-Principal

**NAME OF THE STUDENT: DIVYA SEHRAWAT**

**OUTREACH 3: "Fundamental Rights and Duties and Introduction to ADR"**

**Date:** 19 July 2025

**Venue:** Government Senior Secondary School, Shikohpur, Gurugram

**Target Audience:** Class – 10<sup>th</sup> to 12<sup>th</sup>

**Report:-**

On 19 July 2025, Ms. Nidhi Singh and Ms. Divya Sehrawat conducted an outreach program titled "*Fundamental Rights and Duties and Introduction to Alternative Dispute Resolution (ADR)*" at Government Senior Secondary School, Shikohpur, Gurugram. The workshop was aimed at students of Classes 10 to 12, with the objective of enhancing awareness about constitutional rights and duties while introducing ADR as an effective tool for resolving disputes outside the formal judicial system.

The session began with an interactive explanation of the Fundamental Rights enshrined in Part III of the Indian Constitution and the Fundamental Duties under Article 51A. Students were encouraged to understand the importance of active citizenship in preserving democratic values, national integrity, and social harmony. Real-life case studies and practical examples of constitutional provisions were used to make the concepts relatable and meaningful for the students, highlighting the real-world relevance of these rights and responsibilities.

In the second segment, the facilitators introduced the concept of Alternative Dispute Resolution (ADR) as a faster, cost-effective, and accessible alternative to traditional court proceedings. The session covered various ADR mechanisms, including arbitration, mediation, conciliation, and Lok Adalats. The advantages of ADR, such as reducing court congestion and promoting amicable settlement, were emphasized. Students were presented with real-life examples of successful mediation and Lok Adalat cases, demonstrating how disputes can be resolved efficiently and peacefully without resorting to litigation.

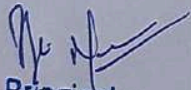
The workshop had a positive impact on the participants. Students developed a stronger understanding of their constitutional entitlements and responsibilities, along with a practical appreciation for non-formal justice mechanisms. The session also motivated students to become proactive and responsible citizens, fostering awareness of how the law can be used to maintain fairness and resolve conflicts constructively.



In conclusion, the outreach program successfully met its objectives by promoting constitutional literacy and introducing young participants to the principles and benefits of ADR. The workshop demonstrated the importance of bridging the gap between legal knowledge and practical application, helping build a legally aware and responsible young citizenry. The organizing team anticipates conducting similar initiatives in the future to continue empowering students with knowledge of their rights, duties, and accessible avenues for justice.

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Principal:  
Govt. Sr. Sec. School  
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Gurugram (0790)  
Principal/Vice-Principal

**NAME OF THE STUDENT: NIDHI SINGH**

**OUTREACH 4: “*Why Court is Time-Consuming? ADR Benefits*”**

**Date:** 19 July, 2025

**Venue:** Government Model Sanskriti Primary School, Shikohpur, Gurugram

**Target Audience:** Class – 5<sup>th</sup>

**Report:-**

Group members Nidhi Singh and Divya Sehrawat conducted an outreach program titled “Why Court is Time-Consuming? ADR Benefits” at Government Model Sanskriti Primary School, Shikohpur, Gurugram, on 19 July 2025. The session was organised for students of Class 5, with the objective of explaining the delays in traditional court processes and introducing the advantages of Alternative Dispute Resolution (ADR).

The workshop began by highlighting the causes and consequences of court delays, such as the overburdened judiciary, complex procedures, repeated adjournments, and the adverse effects these have on individuals and society.

The concept of ADR was then introduced, with simple explanations of mediation, arbitration, conciliation, negotiation, and Lok Adalats. The facilitators emphasized how ADR functions outside the rigid framework of courts, making it a more approachable method of resolving disputes.

The advantages of ADR were discussed in detail. The session was interactive, allowing students to engage actively with the ideas presented. The program concluded with participants expressing interest in learning more about ADR mechanisms. The outreach successfully demystified the process, encouraging a shift from a litigation-centric mindset to one that values quick, fair, and accessible resolutions.

Overall, the workshop achieved its purpose of spreading legal awareness and promoting ADR as a practical alternative to lengthy litigation. The organizers plan to continue conducting such initiatives to strengthen awareness about accessible justice at the grassroots level.



## 1. Introduction

A workshop titled “*Why Court is Time-Consuming? ADR Benefits*” was conducted with the objective of spreading awareness about the delays in traditional court litigation and the practical advantages of Alternative Dispute Resolution (ADR) mechanisms such as mediation, arbitration, negotiation, and Lok Adalats. The session aimed to empower participants with knowledge about faster, cost-effective, and less adversarial ways of resolving disputes.

## 2. Objectives of the Workshop

- To highlight the reasons behind delay in traditional court proceedings.
- To introduce the concept and types of ADR mechanisms.
- To emphasize how ADR offers a speedier, simpler, and more accessible form of justice.
- To encourage participants to consider ADR as a first step before resorting to litigation.

## 3. Session Overview

### *a) Court Delays: Causes and Consequences*

- Overburdened judiciary and pending cases.
- Complex procedures, formalities, and adjournments.
- Impact of delays on individuals and businesses.

### *b) Introduction to ADR*

- Explanation of Mediation, Arbitration, Conciliation, Negotiation, and Lok Adalats.
- How ADR works outside the rigid framework of courtrooms.

### *c) Advantages of ADR*

- Time and cost efficiency.
- Confidential and flexible process.
- Less formal and more accessible to common people.
- Preserves relationships between parties.

## 4. Outcomes

Participants gained valuable insight into the inefficiencies of the court system and the practicality of ADR mechanisms. There was active engagement, and most attendees expressed a keen interest in learning more about ADR options and using them in suitable

scenarios. The workshop successfully demystified the ADR process and positioned it as a powerful alternative to litigation.

## 5. Conclusion

The workshop fulfilled its purpose of legal awareness and advocacy for ADR. It emphasized the need to shift from a litigation-centric mindset to a resolution-focused approach. The organizers intend to hold similar awareness programs in the future to promote wider understanding and use of ADR in everyday legal conflicts.





## Certificate of Appreciation

This is to certify that Nidhi Singh and  
Divya Schrawat of  
Fairfield Institute of Management & Technology organized an  
interactive session on the topic of  
" Why is Court is time consuming ?  
ADR Benefits " at the  
Govt. Model Sanskriti Primary School School address / NGO  
address on Shikohpur under summer internship Program,  
2025 of ADR Blog , USLLS, GGSIPU & Outreach and  
Extension Activities, GGSIPU.

Signature & Stamp:  
Head Teacher  
Govt. Model Sanskriti Primary School  
Shikohpur (12210)  
Principal/Vice-Principal

**NAME OF THE STUDENT: DIVYA SEHRAWAT**

**OUTREACH 4: “*Why Court is Time-Consuming? ADR Benefits*”**

**Date:** 19 July, 2025

**Venue:** Government Model Sanskriti Primary School, Shikohpur, Gurugram

**Target Audience:** Class – 5<sup>th</sup>

**Report:-**

On 19 July 2025, Ms. Nidhi Singh and Ms. Divya Sehrawat conducted an outreach program titled “*Why Court is Time-Consuming? ADR Benefits*” at Government Model Sanskriti Primary School, Shikohpur, Gurugram. The workshop targeted students of Class 5 and aimed to explain the causes of delays in traditional court proceedings while introducing the advantages of Alternative Dispute Resolution (ADR) as a faster and more accessible method for resolving disputes.

The session began with a discussion on the reasons behind court delays, such as an overburdened judiciary, complex procedures, repeated adjournments, and the resulting impact on individuals and society. Through simple explanations and relatable examples, students were encouraged to understand why litigation can be time-consuming and how these delays can affect fairness and timely justice.

Following this, the facilitators introduced ADR mechanisms in a manner suitable for young students. Mediation, arbitration, conciliation, negotiation, and Lok Adalats were explained with simple, age-appropriate examples, highlighting how ADR functions outside the rigid framework of courts. The focus was on demonstrating that disputes can be resolved amicably, quickly, and without the stress and complexity of formal litigation.

The advantages of ADR were emphasized throughout the session. Students learned that ADR is cost-effective, time-efficient, flexible, confidential, and helps preserve relationships between parties. The interactive format encouraged participation, with students engaging actively by asking questions and reflecting on scenarios in which ADR could be applied. The session also aimed to shift their perspective from a litigation-focused mindset to a resolution-oriented approach, encouraging them to consider ADR as a practical first step in dispute resolution.

The outcomes of the workshop were positive. Participants gained a clear understanding of the inefficiencies of the traditional court system and the benefits of ADR. Many students expressed enthusiasm about learning more about these mechanisms and demonstrated curiosity about applying them in real-life situations. Teachers noted the effectiveness of the session in making legal concepts relatable and understandable for young learners.

In conclusion, the workshop successfully promoted legal awareness and highlighted ADR as a viable alternative to lengthy litigation. By demystifying court procedures and presenting accessible dispute resolution methods, the program empowered students with practical knowledge and encouraged a culture of fairness and problem-solving. The organizers plan to continue conducting similar initiatives to strengthen grassroots understanding of legal systems and accessible justice.

## Certificate of Appreciation

This is to certify that Nidhi Singh and  
Divya Schrawat of  
Fairfield Institute of Management & Technology organized an  
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" Why is Court is time consuming?  
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Govt. Model Sanskriti Primary School School address / NGO  
address on Shikohpur under summer internship Program,  
2025 of ADR Blog , USLLS, GGSIPU & Outreach and  
Extension Activities, GGSIPU.

Signature & Stamp:  
Head Teacher  
Govt. Model Sanskriti Primary School  
Shikohpur (12210)  
Principal/Vice-Principal

**NAME OF THE STUDENT: NIDHI SINGH**

**OUTREACH 5: “*Legal Rights and Alternative Dispute Resolution (ADR)*”**

**Date:** 19 July, 2025

**Venue:** Government Senior Secondary School, Sukhrali, Gurugram

**Target Audience:** Class – 10<sup>th</sup> to 12<sup>th</sup>

**Report: -**

Group members Nidhi Singh and Divya Sehrawat conducted an outreach program on “Legal Rights and Alternative Dispute Resolution (ADR)” at Government Senior Secondary School, Sukhrali, Gurugram, on 19 July 2025. The session targeted students from Classes 10 to 12, with the aim of spreading awareness about fundamental legal rights and the benefits of resolving disputes through ADR mechanisms.

The workshop began with an address highlighting the significance of legal awareness in everyday life. A detailed presentation was given on constitutional rights, provisions for legal aid, and practical situations where such rights can be exercised. This was followed by a session where experts explained the various ADR mechanisms along with their procedures and advantages.

Special focus was given to the role of Lok Adalats and Legal Services Authorities in providing accessible justice, supported by practical case examples. The session concluded with an interactive Q&A, during which participants shared personal concerns and clarified doubts regarding legal processes and dispute resolution.

The outreach witnessed active participation from over 40 attendees, including students, community members, and local stakeholders. Participants reported enhanced understanding of their rights and showed interest in using ADR methods for resolving disputes related to family, property, and consumer issues.

Overall, the program was successful in promoting legal literacy and demonstrating ADR as a faster, cost-effective, and non-adversarial alternative to litigation. The initiative reinforced the need for continuous awareness drives to build a more legally informed and empowered society.



## 1. Introduction

A workshop on “*Legal Rights and Alternative Dispute Resolution (ADR)*” was successfully conducted to create awareness among participants regarding their fundamental legal rights and the importance of alternative methods for resolving disputes outside traditional courts. The session aimed to empower individuals with knowledge about their entitlements under the law and the practical mechanisms of resolving conflicts amicably.

## 2. Objectives of the Workshop

- To educate participants about their basic legal rights.
- To introduce the concept and types of ADR – Arbitration, Mediation, Conciliation, and Lok Adalats.
- To promote access to justice through non-adversarial means.
- To encourage peaceful dispute resolution to reduce the burden on courts.

## 3. Session Overview

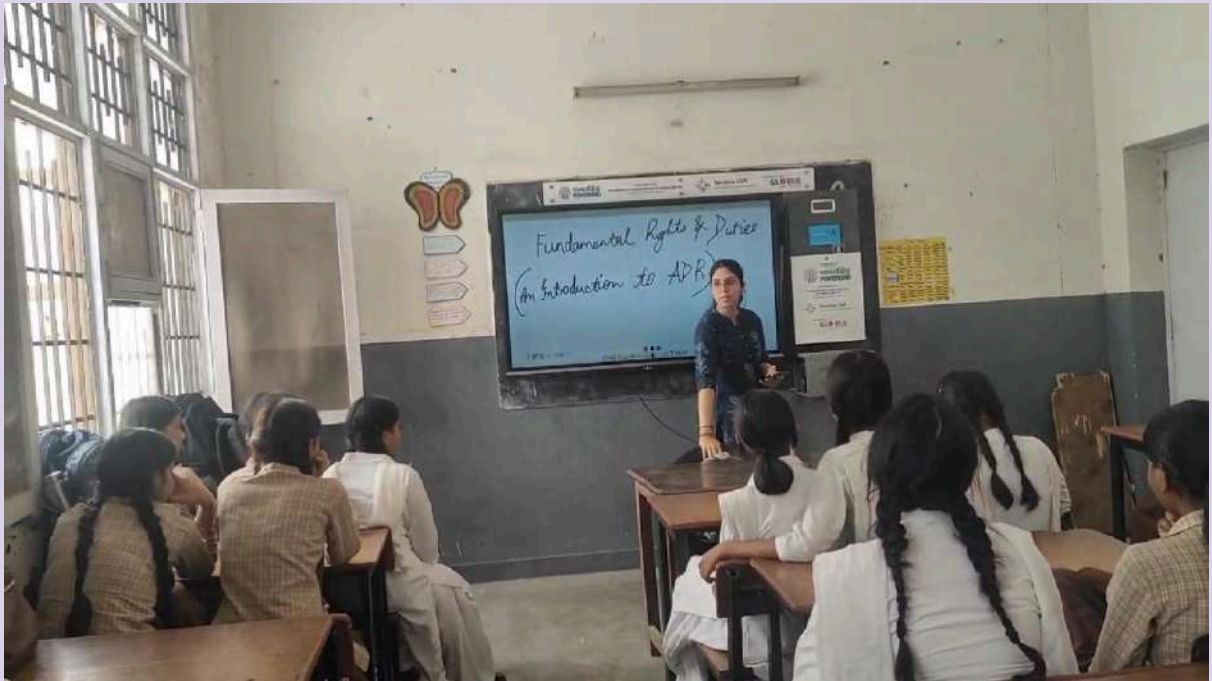
- The session began with a keynote address by [Name of Speaker/Expert], who emphasized the relevance of knowing one's legal rights in everyday life.
- A detailed presentation was given on constitutional rights, legal aid provisions, and real-life scenarios where such rights apply.
- Experts from the legal field explained the different ADR mechanisms, their procedures, and benefits.
- The role of Lok Adalats and Legal Services Authorities was explained with practical case examples.
- An interactive Q&A session allowed participants to clarify doubts and share personal experiences related to legal issues.

## 4. Outcomes

- Over 40 participants attended, including students, community members, and local stakeholders.
- Attendees reported enhanced understanding of their legal rights and ADR as a faster, cost-effective, and less adversarial method of dispute resolution.
- Many expressed interest in using ADR methods in resolving family, property, and consumer-related disputes.

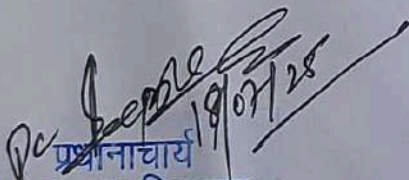
## 5. Conclusion

The workshop proved to be an enlightening and empowering event. It highlighted the need for legal literacy and encouraged the adoption of ADR to achieve timely justice. Continued awareness campaigns like this can significantly contribute to building a more legally aware and harmonious society.



## Certificate of Appreciation

This is to certify that Nidhi Singh and  
Divya Sehrawat of  
Fairfield Institute of Management & Technology organized an  
interactive session on the topic of  
" Legal Rights & ADR - Mediation, Arbitration,  
Lok Adalats etc. " at the  
Govt. Sr. Sec. School School address /NGO  
address on Sukhrali under summer internship Program,  
2025 of ADR Blog , USLLS, GGSIPU & Outreach and  
Extension Activities, GGSIPU.

  
प्रधानाचार्य  
श्री व. मा. विद्यालय  
Signature & Stamp:  
सुखराली, गुरुग्राम (6793)

Principal/Vice-Principal

**NAME OF THE STUDENT: DIVYA SEHRAWAT**

**OUTREACH 5: “Legal Rights and Alternative Dispute Resolution (ADR)”**

**Date:** 19 July, 2025

**Venue:** Government Senior Secondary School, Sukhrali, Gurugram

**Target Audience:** Class – 10<sup>th</sup> to 12<sup>th</sup>

**Report:**

On 19 July 2025, Ms. Nidhi Singh and Ms. Divya Sehrawat organized an outreach program titled “Legal Rights and Alternative Dispute Resolution (ADR)” at Government Senior Secondary School, Sukhrali, Gurugram. The program was aimed at students of Classes 10 to 12 and focused on creating awareness about basic legal rights while introducing the practical benefits of ADR as an effective and accessible method for dispute resolution.

The session began with an introduction to the importance of legal literacy in everyday life. Participants were provided with a comprehensive overview of constitutional rights, legal aid provisions, and scenarios in which individuals can exercise these rights. The facilitators emphasized that knowing one’s rights is essential for responsible citizenship and timely access to justice.

Following this, the concept of Alternative Dispute Resolution was introduced in detail. Various ADR mechanisms—arbitration, mediation, conciliation, and Lok Adalats—were explained, highlighting how they offer faster, cost-effective, and amicable solutions compared to traditional court proceedings. The facilitators shared practical examples demonstrating how ADR can help resolve disputes related to family matters, property conflicts, and consumer issues efficiently. Special focus was given to the role of Lok Adalats and Legal Services Authorities in making justice more accessible to all sections of society.

An interactive Q&A session concluded the workshop, during which students and other participants raised questions, clarified doubts, and discussed real-life situations. The engagement reflected participants’ interest in understanding ADR and their willingness to use it as a practical tool for resolving disputes.

The program witnessed active participation from over 40 attendees, including students, community members, and local stakeholders. Feedback indicated that participants gained a clear understanding of their legal rights and developed an appreciation for ADR as a viable alternative

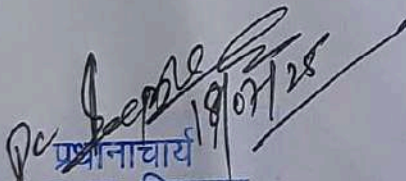
to litigation. Many expressed interest in learning more about ADR processes and applying them in everyday situations.

In conclusion, the outreach successfully combined legal education with practical knowledge of ADR, empowering participants to make informed decisions in conflict situations. The initiative reinforced the value of spreading legal awareness at the grassroots level and highlighted the importance of continuous efforts to build a legally knowledgeable and responsible community capable of resolving disputes effectively and peacefully.



## Certificate of Appreciation

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" Legal Rights & ADR - Mediation, Arbitration,  
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Govt. Sr. Sec. School School address /NGO  
address on Subhali under summer internship Program,  
2025 of ADR Blog , USLLS, GGSIPU & Outreach and  
Extension Activities, GGSIPU.

  
प्रधानाचार्य  
स. व. मा. विद्यालय  
Signature & Stamp:  
सुखराला, गुरुग्राम (0793)

Principal/Vice-Principal



**NAME OF THE STUDENT: DRISHTI SINGH**

## **OUTREACH 1**

**Date:** 3<sup>rd</sup> July, 2025

**Venue:** Primary School, Chibila, Pratapgarh, 230403

### **Report: -**

For her first outreach programme, Drishti Singh conducted a very insightful Outreach Programme on the topic “Children rights and The Happy Right club: My Right, My Voice! (Protection for every child's right)” at the Primary School, Chibila, Pratapgarh, 230403. This programme was targeted for middle-school students who study in classes from 5<sup>th</sup> to 7<sup>th</sup>.

The session focused on the introduction of Children’s Rights to the targeted audience and spreading awareness about these rights in everyday life of children below 18 years of age. The session emphasized great importance on the role of the Happy Rights Club: My Right, My Voice! In empowering them to stand for their rights and authorities.

The special focus was to indeed allow the participants to find out regarding their rights as children and their authorities like right to development, education, survival, necessity etc. which the students of their age are not classically taught about. The session had an active participation from 40-45 students ranging from classes 5<sup>th</sup> to 7<sup>th</sup>.

The children were also introduced with the Happy Right club: My Right, My Voice! (Protection for every child's right), the global initiative of UNICEF which aims at the protection of children’s rights allowing them to grow up in a safe and secure environment.

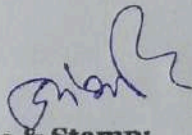
The session concluded with a Q&A between the participants and the presenter, where students actively asked intriguing questions to clarify their doubts regarding the matter. All the participants showed equal interest in knowing their rights as each other. Overall, the session was a success in introducing the concept of Children’s Rights to the students of Primary School, Chibila, Pratapgarh.



## **Certificate of Appreciation**

This is to certify that Drishti Singh of  
Shri Chintamani Smarak Vidhi Mahavidyalaya, Pratapgarh  
U.P. affiliated with Allahabad State University /  
Prof. Rajendra Singh University, Prayagraj organized  
an interactive session on the topic of  
"Children Rights and The Happy right club:  
My Rights, My Voice! (protection for every  
Children's right" at the  
Primary School (P.S.) Chilbila, Pratapgarh,  
230403

on 3<sup>rd</sup> July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.

  
**Signature & Stamp:**  
**Principal/Vice-Principal**

**प्रधानाध्यापक**  
श्रीमती विद्यावती विद्यावती  
अध्यक्ष, अखिल भारतीय छात्र संघ, प्रतापगढ़

**NAME OF THE STUDENT: DRISHTI SINGH**

## **OUTREACH 2**

**Date:** 8<sup>th</sup> July, 2025

**Venue:** Shri Krishna Vidyaniketan Girls College, Chibila, Pratapgarh

### **Report: -**

The second outreach programme by Drishti Singh was conducted at Shri Krishna Vidyaniketan Girls College, Chibila, Pratapgarh. The topic of the session was “Legal literacy for marginalized communities, Introduction to ADR & Human rights Awareness session”. It focused on spreading awareness regarding the lack of legal literacy in the marginalized communities, especially about the methods of dispute resolution and human rights.

The goal of the session was to promote the ideas of inclusivity and dispute resolution in the young minds of the students. The session addressed the lack of knowledge that the marginalized groups possess regarding their Human rights and the method of dispute resolution as an option in the legal matters. The students were made aware about the role of not only the authorities but of themselves to help such groups and communities as educated individuals.

There was special emphasis on the various methods through which we can help such communities to gain adequate knowledge about their human rights and the techniques of ADR. The session has an active participation from various students, who even put up questions regarding how these communities can be educated about such prevailing information in a better manner than it is the case right now.

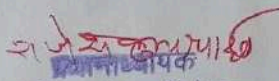
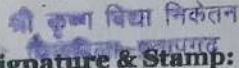
Overall, the session was fruitful in its essence. The outreach successfully met its aim of raising legal consciousness, creating awareness about ADR, and instilling an understanding of human rights among students. The program encouraged participants to become informed citizens who can contribute to building an equitable and just society. The initiative marks an important step in bridging the gap between legal systems and marginalized communities through awareness and education.





## Certificate of Appreciation

This is to certify that Dreshiti Singh of  
Shri Chintamani Smarak Vidhi Mahavidyalay, Pratapgarh, U.P.  
affiliated with Allahabad State University, Allahabad  
Prof. Rajendra Singh University, Prayagraj organized  
an interactive session on the topic of  
"Legal Literacy for Marginalized Communities,  
Introduction to ADR & Human Rights  
Awareness Session" at the  
Shri Krishna Vidyaniketan Chilkila, Pratapgarh,  
Uttar Pradesh, 230403  
on 8<sup>th</sup> July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.

  
  
**Signature & Stamp:**  
**Principal/Vice-Principal**



**NAME OF THE STUDENT: DRISHTI SINGH**

### **OUTREACH 3**

**Date:** 14<sup>th</sup> July, 2025

**Venue:** Primary School of Madhavganj, Pratapgarh, 230403

**Report: -**

For her third programme, Drishti Singh visited the Primary School of Madhavganj, Pratapgarh for conducting a session on “Sharing is Caring: No child left behind! (Understanding why some children might need extra help and support)”, a session focussed on awarding students regarding children and peers who may suffer from special disabilities. The session aimed at sensitising students towards the diverse needs of children, promoting empathy, and building awareness about the role of community support in ensuring inclusive education and equal opportunities for all.

Contrary to the previous programmes, this was rather a storytelling session, where through the medium of comprehensive narrations, the students were at first introduced with the concept of Person with special needs. This was for them to know there are people out there who may require little extra help from their subordinates than usual.

They were then made aware regarding the importance of helping those with such disabilities. The attendees were made to feel empathy towards such individuals and foster a better environment for such children with their support. They were made to wonder if any of their friends was having such difficulty, and how they would help him or her in that case.

Lastly the students were asked regarding their own view on how sharing and helping can actually make others feel more inclusive, even if in such a state. The students provided very insightful opinions, where many showed their desire to help such people so that none of their friends are left behind.

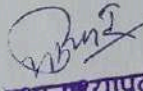
Overall, the session was successful in encouraging the young minds in understanding people with special needs, and how it is their duty to help such individuals in their own way so that they are felt inclusive and are not left behind due to their disabilities.

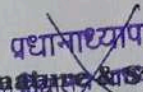




## Certificate of Appreciation

This is to certify that Dresheti Singh of  
Shri Chintamani Smarak Vidhi Mahavidyalaya, Pratapgarh  
U.P. affiliated with Allahabad State University /  
Prof. Rajendra Singh University, Prayagraj organized  
an interactive session on the topic of  
"Sharing is Caring: No Child Left Behind!  
(Understanding why some children might  
need extra help and support.)" at the  
Primary School of Madhaganj, Pratapgarh  
Uttar Pradesh, 230403  
on 14<sup>th</sup> July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.

  
प्रधानाध्यापक  
पञ्चमिक विद्यालय-माधवगंज द्वितीय  
नगर क्षेत्र प्रतापगढ़

  
प्रधानाध्यापक  
Signature & Stamp  
Principal Vice Principal

**NAME OF THE STUDENT: DRISHTI SINGH**

#### **OUTREACH 4**

**Date:** 18<sup>th</sup> July, 2025

**Venue:** P.S. Primary School, Tala, 230403

#### **Report:-**

Drishti Singh conducted her fourth outreach programme on 18<sup>th</sup> July at the P.S. Primary School, Tala; where she presented on the topic “Environmental justice & Sustainable Practices: Our Earth, Our Future: Kids for a fairer planet.”, An activity-based session teaching sustainable practices and environmental justice, inspiring kids to contribute to a greener planet. The session aimed at cultivating an understanding of environmental justice, promoting sustainable practices, and inspiring students to envision themselves as advocates for a fairer and greener future.

The workshop began with introducing the students with concepts like Sustainable Development Practices and Environmental Justice. They were told about how our daily small actions cause huge harm to our nature and the rural areas at the same time. They were made to understand the importance of protecting our marginalized groups by safeguarding our nature. Through interactive questioning, participants reflected on unequal access to clean water, safe housing, and pollution-free environments. This opening created awareness that environmental issues are deeply linked with social equity and human rights.

It was an activity-based session where the students were given certain activities to perform which made it easy for them to understand the overreaching effect of environmental degradation. The session highlighted that sustainability is not just about protecting nature but about ensuring fairness, equity, and intergenerational responsibility. The outreach successfully bridged the link between environmental responsibility and social justice, while motivating students to take active roles as environmental stewards.

The session concluded with the students pledging to take due care of their environment and protecting their nature with their full heart. Overall, the session worked in arising the feeling of need to protect their nature to the youthful students.

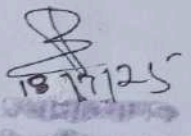




## Certificate of Appreciation

This is to certify that Drushti Singh of  
Shri Chintamani Smarak Vidhi Mahavidyalay, P.B.H, U.P.  
affiliated with Allahabad State University,  
Pratapgarh, Uttar Pradesh organized  
an interactive session on the topic of  
"Environmental Justice & Sustainable practices:  
Our Earth, Our Future: Kids for a Fairer  
Planet [Awareness Session]" at the  
Primary School, Tala, Pratapgarh, U.P.  
230403

on 18<sup>th</sup> July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.

  
Signature & Stamp:  
Principal/Vice-Principal



**NAME OF THE STUDENT: DRISHTI SINGH**

## **OUTREACH 5**

**Date:** 30<sup>th</sup> July, 2025

**Location:** Primary school, Bohrai ka Purva, Pratapgarh, 230403

### **Report :-**

The fifth outreach programme by Drishti Singh was conducted at Primary school, Bohrai ka Purva, Pratapgarh. The topic of the session was “Child protection & access to education: Know your legal protection”, An educational session on child protection laws and the right to education, ensuring kids understand their legal safeguards. The session was designed to increase awareness of the legal safeguards available to children and to highlight the importance of ensuring access to education as a fundamental right and protective measure.

The session began with a brief interactive Q&A with the students where they were asked about their view of what they think about the importance of education, especially legal knowledge. Students provided with their opinions and expressed their views regarding why education is important in life. They were then introduced to ideas of how many children, who are just of their age, are not able to gain the same amount of knowledge as them. Terms like child labour, trafficking, and abuse were described by her to the attendees to showcase the reality of the world.

Students were introduced to the idea that protection goes beyond physical safety and also includes ensuring equal opportunities for growth and development. Real-life case examples were presented to help participants relate to the seriousness of these issues. This all helped in building an informative session and making the students aware regarding the child protection laws like POCSO, Juvenile Justice, Right to Education, etc.

Lastly, the students were made aware regarding their legal safeguards, guiding them to understand that education and protection are their rights and they must speak up if anything unusual happens to them. It was emphasized that protecting children is both a legal duty and a moral responsibility. The session was fruitful in broadening the view of the students in terms of understanding the legal protection laws and importance of education.





## **Certificate of Appreciation**

This is to certify that Drishhti Singh of  
Shree Chintamani Smarak Vidhi Mahavidyalaya, Pratapgarh, U.P.  
affiliated with Allahabad State University /  
Prof. Rajendra Singh University, Prayagraj organized  
an interactive session on the topic of  
" Child Protection and access to  
Education : Know your legal protection -  
Awareness Session " at the  
Primary School (P.S.) Bohnai ka Purwa, Pratapgarh  
Uttar Pradesh, 230403  
on 30<sup>th</sup> July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.

26/7/25

प्रधानाध्यापक

प्राथमिक विद्यालय भोई का पुरवा

0250: सहर-प्रतापगढ़

**Signature & Stamp:**  
**Principal/Vice-Principal**

**NAME OF THE STUDENT: DRISHTI SINGH**

## **OUTREACH 6**

**Date:** 31<sup>st</sup> July, 2025

**Venue:** - Upper Primary School, Pipri, Khalsa, Pratapgarh, 230403

**Report: -**

Drishti Singh conducted her sixth outreach programme at Upper Primary School, Pipri, Khalsa, Pratapgarh which was focused on the topic of “Basic consumer Rights for kids: What every young consumer should know”, An engaging lesson on consumer rights, teaching young students how to make informed choices and seek help when needed. The session sought to enhance students’ awareness of consumer rights, explain the legal mechanisms available under the Consumer Protection Act, 2019, and equip them with the knowledge to become informed and responsible consumers in an increasingly complex marketplace.

In order to build a foundation, the session began with introducing the students with the concept of Consumer Rights and how they are a consumer themselves. The students were made aware regarding their rights through interactive discussions and Q&A process, all this so that they can get a better grasp at the concept. The programme then moved to a discussion on the evolution of consumerism, from traditional markets to modern e-commerce platforms, where children and young adults are active participants.

The students were introduced with the six universal consumer rights which all of them possess; namely Right to Safety, Right to be Informed, Right to Choose, Right to be Heard, Right to Seek Redressal, Right to Consumer Education. Each right was briefly explained to the attendees with real-life examples so that they can get a better grasp at their consumer rights. Beyond rights, the workshop stressed the responsibilities of consumers, such as reading labels, avoiding waste, demanding receipts, and reporting unfair practices.

The facilitator even highlighted the need for consumer education at a young age, particularly in an era of online purchases, digital services, and aggressive advertising, where children are often vulnerable to exploitation. There was great emphasis on how teaching such concepts at an early age can help not only the students but to others as well.







## **Certificate of Appreciation**

This is to certify that Dreshiti Singh of  
Shri Chintamani Smarak Vidhi Mahavidyalaya, P.B.H.  
Affiliated with Allahabad State University,  
Prof. Rajendra Singh University, Prayagraj organized  
an interactive session on the topic of  
"Basic Consumer Rights for Kids :  
What Every young Consumer Should  
Know" at the  
Upper Primary School, Pipri, Khalsas, Pratapgarh  
Belkhanath Dham, 230403  
on 31 July, 2025 under summer internship Program, 2025 of  
Alternative Dispute Resolution Blog (ADR Blog), University School of Law  
& Legal Studies (USLLS), Guru Gobind Singh Indraprastha University, Delhi  
( GGSIPU) & Outreach and Extension Activities, GGSIPU, Delhi.



Signature & Stamp:  
Principal/Vice-Principal



## **NAME OF THE STUDENTS: VAISHNAVI AND MANAMI**

### **OUTREACH 1**

**Date:** 21<sup>st</sup> July 2025

**Venue:** JWP (Mera Sahara) School

**Report: -**

Vaishnavi and Manami jointly conducted an outreach programme on “Constitutional Rights” at JWP (Mera Sahara) School, on 21 July 2025. The session was designed to build awareness among students about their constitutional rights as citizens of India, highlight the significance of fundamental rights in everyday life, and inspire young people to take responsibility for upholding constitutional values. The session aimed to make students aware of their basic rights guaranteed under the Constitution of India and to instill an early understanding of civic responsibilities.

The workshop began with an introduction to fundamental rights and duties as enshrined in Part III and Part IV-A of the Constitution. The speakers explained concepts such as the Right to Equality, Right to Freedom, Right against Exploitation, and Right to Education. Emphasis was placed on how these rights empower individuals in daily life and why being aware of them is essential for young citizens.

To ensure engagement, the session was designed interactively. Case-based discussions, question–answer rounds, and relatable everyday scenarios were used to help students connect legal provisions with real-life contexts. Students actively shared their views on issues such as child rights, gender equality, and freedom of expression.

The concluding discussion stressed that constitutional rights are not just legal protections but instruments of empowerment that ensure fairness, dignity, and equal participation in society. The facilitators urged students to see themselves as active citizens who are not only aware of their rights but also committed to their duties.

Overall, the program was successful in demystifying the Constitution for young learners, encouraging them to recognize their rights and responsibilities as citizens, and motivating them to seek justice when required. The session reinforced the idea that an informed youth is the strongest safeguard of the Constitution.





## Certificate of Appreciation

This is to certify that Vaishnavi Sharma and Marami Nandli of Lloyd School of Law and Chengale School of Law organized an interactive session on the topic of "Constitutional rights" at the JWP (Mera Sahara) School address /NGO address on 21-7-25 date under summer internship Program, 2025 of ADR Blog , USLLS, GGSIPU & Outreach and Extension Activities, GGSIPU.



Signature & Stamp:

*[Handwritten Signature]*

Principal/Vice-Principal

## **NAME OF THE STUDENTS: VAISHNAVI AND MANAMI**

### **OUTREACH 2**

Date: 27<sup>th</sup> July, 2025

Location: Primary School, Tugalpur

#### **Report:-**

On 27 July 2025, Vaishnavi Sharma along with her partner Manami Nani organized an outreach session on “The Constitution” at Primary School Tugalpur. The session aimed to familiarize students with the significance of the Constitution as the supreme law of the land, instill awareness of its guiding principles, and encourage active citizenship rooted in constitutional values.

The session began with a brief overview of the Constitution of India as the supreme law of the land, explaining how it guarantees liberty, equality, and justice to every citizen. Participants were reminded that awareness of rights is essential for empowerment, participation in democracy, and the protection of individual dignity. It touched briefly on the historical background of the Constitution as well to understand about the stages it has went through.

The workshop focused on three key aspects: the Preamble, Fundamental Rights and Duties, and the Directive Principles of State Policy (DPSPs). Each element was explained with simple language and real-life examples. For instance, the values of justice, liberty, equality, and fraternity in the Preamble were linked to students’ experiences in school and community life.

Interactive exercises encouraged students to identify the relevance of constitutional principles in their daily lives. Case discussions on equality, freedom of expression, and social justice gave them a chance to think critically about how the Constitution impacts ordinary people.

The concluding session highlighted that the Constitution is not merely a document studied in classrooms but a living instrument that safeguards rights, ensures justice, and unites diverse communities under democratic values. Students were urged to internalize constitutional principles and act as responsible citizens who contribute to the strengthening of democracy.

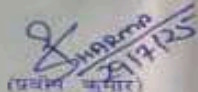




## Certificate of Appreciation

This is to certify that Vaishnavi Sharma and - of Lloyd Law College  
Name organized an interactive session on the topic of  
"Constitution" at the PS Tugadpur School address /NGO address  
on 27.7.25 date under summer internship Program, 2025 of  
ADR Blog , USLLS, GGSIPU & Outreach and Extension  
Activities, GGSIPU.

Signature & Stamp:

  
(प्रबल कुमार)

Principal/Vice-Principal

प्रमुख/उपप्रमुख  
विद्यालय/विद्यालय  
बिलासपुर जिला-रतिय बुड नगर

**NAME OF THE STUDENT: VAISHNAVI AND MANAMI**

### **OUTREACH 3**

**Date:** 29<sup>th</sup> July, 2025

**Venue:** JHS Tugalpur

#### **Report:-**

Group members Vaishnavi and Manami organized an outreach programme on “Fundamental Rights” at JHS Tugalpur on 29 July 2025. The session was designed to help the student become well-versed with the concept of fundamental rights. The session aimed at creating awareness among school students about their basic constitutional entitlements and responsibilities. The facilitators explained the Fundamental Rights enshrined in Part III of the Indian Constitution in simple and relatable terms, ensuring accessibility for young learners.

The session began with a discussion on the historical background of Fundamental Rights, tracing their roots to the freedom struggle and the framers’ vision of ensuring justice, liberty, and equality to all citizens. The facilitators explained that these rights, enshrined in Part III of the Constitution, are not privileges granted by the state but inherent guarantees that safeguard individual dignity and democracy. The Preamble was used as a starting point to emphasize that Fundamental Rights are the operational core of constitutional ideals.

The discussion covered six key rights: the Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural and Educational Rights, and the Right to Constitutional Remedies. Students were encouraged to reflect on how these rights protect them in daily life, such as the right to education, equal treatment irrespective of caste or gender, and protection against exploitation like child labour.

The session was highly interactive, using real-life examples, case-based discussions, and situational role plays. Students eagerly participated in Q&A rounds, raising queries about discrimination in schools, freedom of expression, and the practical scope of constitutional remedies.

The program concluded by stressing that Fundamental Rights are tools of empowerment and responsibility. Students were encouraged to not only claim these rights but also safeguard them for others, recognizing that an aware youth is the strongest defender of constitutional values.





## Certificate of Appreciation

This is to certify that Vaishnavi Sharma and Lloyd Law of College  
Name organized an interactive session on the topic of  
"Fundamental Rights" at the JHS Tuglaq School address /NGO address  
on 29.7.25 date under summer internship Program, 2025 of  
ADR Blog , USLLS, GGSIPU & Outreach and Extension  
Activities, GGSIPU.

  
29.07.2025  
Signature & Stamp  
(प्रधानाध्यापक  
पूर्व माध्यमिक विद्यालय तुगलपुर  
Principal/Vice Principal)



**NAME OF THE STUDENT: VAISHNAVI AND MANAMI**

#### **OUTREACH 4**

**Date:** 30<sup>th</sup> July, 2025

**Venue:** Grace Care Academy

#### **Report**

An outreach program on “Emotional Intelligence” was conducted at Grace Care Academy, on 30 July 2025 by Vaihsnavi and Manami. The session focused on understanding emotions as powerful drivers of behavior, learning to regulate them effectively, and developing empathy as a skill for stronger personal and social relationships. The workshop sought to introduce students to the concept of emotional intelligence (EI), its components, and its role in everyday interactions. Recognizing that schools often focus on academic growth, the outreach emphasized the equal importance of emotional growth and resilience in shaping responsible, empathetic, and self-aware individuals.

The discussion began by defining emotional intelligence as the ability to recognize, understand, and manage one’s own emotions while also responding sensitively to the emotions of others. Students reflected on everyday situations such as exam stress, peer pressure, and family expectations, identifying how emotional awareness shapes decision-making. The facilitator emphasized that intelligence alone does not guarantee success; emotional balance plays an equally vital role in leadership, teamwork, and resilience.

Students explored the four key aspects of emotional intelligence: self-awareness, self-regulation, empathy, and social skills. Real-life illustrations, including conflicts in friendships, classroom cooperation, and communication in digital spaces, were used to show the impact of these skills in daily life.

The session closed with a reflective activity, asking students to think about one instance where emotional intelligence could have improved the outcome of a situation in their own lives. This encouraged introspection and highlighted the practical utility of EI skills.

